

# NOON PRAYER & LECTIO DIVINA GROUP PRACTICE

## Thursdays at 12:15pm

Zoom link:

<https://us02web.zoom.us/j/85635137623?pwd=OVJEVE8xQTNRcThSNzVxN01NQ0pGdz09>

### OPENING SENTENCES

- ✠ O God, make speed to save us.
- ✠ **O Lord, make haste to help us.**  
**Praise to the holy and undivided Trinity, one God:**  
**as it was in the beginning, is now, and will be for ever. Amen.**
- ✠ Let us listen carefully to the instructions of the Master,  
✠ **and attend to them with the ear of our hearts.**

*From the Prologue to the Rule of St. Benedict*

### LECTIO

The Order of the readers will be: \_\_\_\_\_. Each one reads in an unhurried and prayerful manner. As you hear the Gospel ponder in your heart:

- What word or phrase, people, or events captured my attention?
- How do I feel God is speaking to me today?
- Is there an invitation for me today?

A reading from the Gospel according to St. Luke

*17:5-10 (NRSV)*

The apostles said to the Lord, "Increase our faith!"

*Pause to allow a silent re-reading of this part.*

The Lord replied, "If you had faith the size of a mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you.

*Pause to allow a silent re-reading of this part.*

"Who among you would say to your slave who has just come in from plowing or tending sheep in the field, 'Come here at once and take your place at the table'?

*Pause to allow a silent re-reading of this part.*

Would you not rather say to him, 'Prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink'? Do you thank the slave for doing what was commanded?

*Pause to allow a silent re-reading of this part.*

So you also, when you have done all that you were ordered to do, say, 'We are worthless slaves; we have done only what we ought to have done!'"

## MEDITATIO

Take a moment to ruminate in silence this reading. You are invited to share, from your heart, with the group the fruits of your meditation.

## ORATIO

Let us now take some time, silently or aloud, to pray for our needs and those of the world, especially for anything that was shared today.

*Allow time for silent prayer or aloud. The Officiant ends by praying:*

Hear our prayers  
that we may love you with our whole being  
and willingly share the concerns of our neighbors. **Amen.**

## CONTEMPLATIO

Before we conclude, let us take a brief time to go beyond words and prayer, and be quiet and attentive, resting in the presence of God.

## CONCLUSION

∇ O Great Mystery, hear our prayer;

℞ **And let our cry come to you.**

God of all the ages,  
you have revealed your grace  
in our Savior, Jesus Christ.

As we wait patiently on your mercies,  
strengthen us to live in your justice,  
that with open hearts we may hear  
and accomplish your will,  
through Christ, who lights the way to life everlasting. **Amen.**

∇ Let us go into the world rejoicing, it is Holy Sophia who goes before us.

℞ **Thanks be to God.**