

Holy Eucharist
Fifth Sunday after the
Epiphany
February 8, 2026 at 10 am



Emmanuel Episcopal Parish
of Orcas Island

Welcome to Emmanuel!

We are happy you are here. Our mission at Emmanuel is to love God and God's creation, and our neighbors as ourselves. We are a reconciling, affirming, and inclusive Christian community striving through worship and prayer, study and formation, compassion and service, fellowship and community, to welcome all people just as God created them. We welcome you wherever you are on your journey of faith, and whether you are single, married, divorced, separated, or partnered. We welcome you regardless of your age, race, ethnicity, culture, gender, sexual orientation, gender expression, economic condition, physical condition, and mental ability. We believe that God delights in the diversity of creation, and so do we. We welcome you to our inclusive family; come share the journey.

Prayer acknowledging the People and Land of Orcas Island

Creator, you made all people of every land. We are responsible for giving thanks and respect for this land we are upon and those who first inhabited it. We thank the Coast Salish people, especially the Lummi (Lhaq'temish) and Samish, the first people of this land. We respect those ancestors who are interred in this land. We are also thankful for the gifts of the people of this land. Creator, let us be of "Good Mind" to reconcile the mistreatment of this land and those who have been displaced. With thankful and respectful hearts, we pray in Your name, Your son the Peacemaker, and the Sacred Spirit. Amen.

~ Ministers for today's Service ~

Preacher & Presider ~ Fr. Berto Gándara

Guest Preacher ~ the Dean of the Cathedral, the Very Rev. Steven Thomason

Choirmaster and Organist ~ Marianne Lewis

Eucharistic Minister ~ Piper Fox Ladd

Healing Ministry ~ Nancy Ayer

Lector 1 ~ Lynn Baker

Lector 2 ~ Nancy Ayer

Usher ~ Joanne & Clark Cundy

Altar Guild ~ Sue Askevold and Betsy Nelson

Flower Guild ~ Lynn Baker

*We ask you to please turn off your cellphones
and remain silent during the prelude.*

Prelude: "A Baroque Suite"

At the sound of the processional bell, please stand as you are able, and join in singing.

Opening Hymn: "Community of Christ"

1. Com - mu - ni - ty of Christ, who make the Cross your own,
2. Com - mu - ni - ty of Christ, look past the Church - 's door
3. Com - mu - ni - ty of Christ, through whom the word must sound—
4. When men - ace melts a - way, so shall God's will be done,

live out your creed and risk your life for God a - lone:
and see the ref - u - gee, the hun - gry, and the poor.
cry out for jus - tice and for peace the whole world round:
the cli - mate of the world be peace and Christ its Sun;

the God who wears your face, to whom all worlds be - long,
Take hands with the op - pressed, the job - less in your street,
dis - arm the powers that war and all that can de - stroy,
our cur - ren - cy be love and kind - li - ness our law,

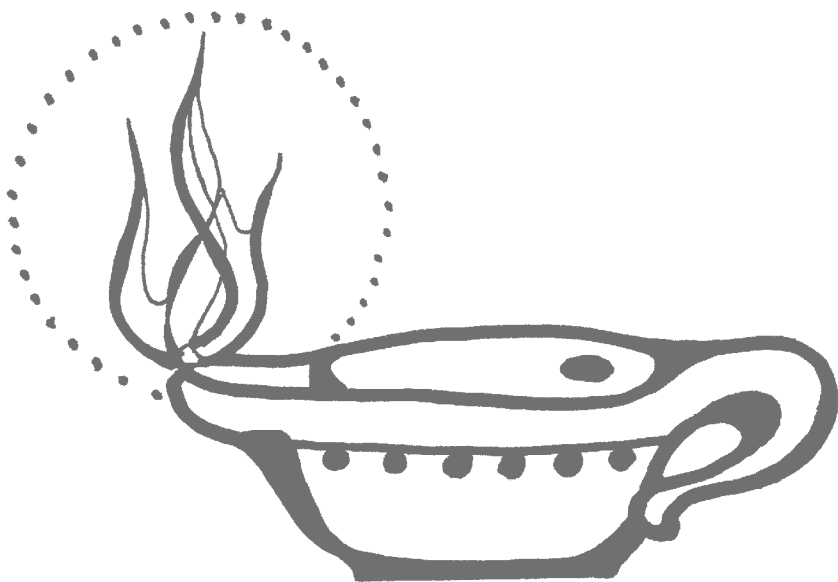
whose chil - dren are of ev - ery race and ev - ery song.
take towel and wa - ter, that you wash your neigh - bor's feet.
turn bombs to bread, and tears of an - guish in - to joy.
our food and faith be shared as one for ev - er - more.

Opening Invocation and Prayer

Presider: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever.**

Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**



Hymn of praise S280: "Glory to God in the highest"

1. Glo - ry to God in the high - est, and

peace to his peo - ple on earth. 2. Lord God, heaven - ly

King, al - mighty God and Fa - ther, we wor - ship you, we

give you thanks, we praise you for your glo - ry. 3. Lord Je - sus

Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you

take a - way the sin of the world: have mer - cy

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -

ceive our prayer. 6. For you a - lone are the Ho - ly One,

you a - lone are the Lord, 7. you a - lone are the Most

High, Je - sus Christ, with the Ho - ly Spi - rit, in the

glo - ry of God the Fa - ther. A - men.

The Collect of the Day

Presider: God be with you.

People: **And also with you.**

Presider: Let us pray.

Silence is kept for a moment.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

EKids leave for Sunday School

**This little light of mine,
I'm goin'-a let it shine
Let it shine, let it shine, let it shine.**

First Reading

We may be seated.

Lector 1: **A reading from the prophet Isaiah** [58:1–9a NRSV]

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments, they delight to draw near to God.

“Why do we fast, but you do not see? Why humble ourselves, but you do not notice?”

Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today

will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord?

Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

After a period of silence:

Hear what the Spirit is saying to God's people.

Thanks be to God.

S412: Psalm 112: 1-10



Hallelujah! Happy are they who fear the **LORD** *
and have great delight in his com**MANDMENTS**!
Their descendants will be mighty in the **LAND**; *
the generation of the upright will be **BLESSED**.

Wealth and riches will be in their **HOUSE**, *
and their righteousness will last for**EVER**.
Light shines in the darkness for the up**RIGHT**; *
the righteous are merciful and full of com**PASSION**.

It is good for them to be generous in **LENDING** *
and to manage their affairs with **JUSTICE**.
For they will never be **SHAKEN** *
the righteous will be kept in everlasting re**MEMBRANCE**.

They will not be afraid of any evil **RUMORS**; *
their heart is right; they put their trust in the **LORD**.
Their heart is established and will not **SHRINK**, *
until they see their desire upon their **ENEMIES**.

They have given freely to the **POOR**, *
and their righteousness stands fast forever;
they will hold up their head with **HONOR**.

Second Reading

We may be seated.

Lector 2: A reading from the Paul's first letter to the Corinthians

[2:1-12 NRSV]

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,

nor the human heart conceived,

what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

After a period of silence:

Hear what the Spirit is saying to God's people.

Thanks be to God.

Then all standing, as able, we sing.

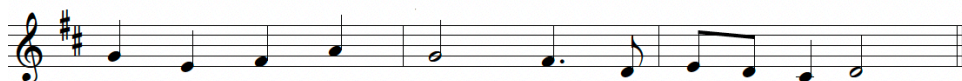
Sequence Hymn: “Bring Forth the Kingdom” v.1-2



1. You are salt for the earth, O peo - ple:
2. You are a light on the hill, O peo - ple:
3. You are a seed of the Word, O peo - ple:
4. We are a blest and a pil - grim peo - ple:



Salt for the King-dom of God! Share the fla - vor of
Light for the Cit - y of God! Shine so ho - ly and
Bring forth the King-dom of God! Seeds of mer - cy and
Bound for the King-dom of God! Love our jour - ney and



life, O peo - ple: Life in the King-dom of God!
bright, O peo - ple: Shine for the King-dom of God!
seeds of jus - tice, Grow in the King-dom of God!
love our home - land: Love is the King-dom of God!

Refrain



Bring forth the King-dom of mer - cy, Bring forth the



King-dom of peace; Bring forth the King-dom of jus - tice,



Bring forth the Cit - y of God!

The Gospel Reading

Presider: The Holy Gospel of our Savior Jesus Christ according to Matthew [5:13-20 NRSV]

People: **Glory to you, Lord Christ**

Jesus said: “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

After a period of silence:

Presider: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sequence Hymn: “Bring Forth the Kingdom” v. 3-4

The Sermon

Please be seated.

The Nicene Creed

Please stand as you are able.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the scriptures; he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

We Pray for the World and the Church

Please stand as you are able as the Intercessor leads us in prayer.

Intercessor Oh Great Mystery, you are seen and unseen, everywhere and beyond. Let us pause throughout the week to recognize your holy presence. Help us to remember to center between activities, to keep a space of sacred attentiveness open. As peacemakers, help us to work more intentionally to restore balance in our troubled world.

Let us fulfill your teaching by recognizing the web of light that connects us all. Help us to remember that we are one humanity, seeking to be united in love and respect for one another.

Our prayers and gratitude especially extend to the Dean of our Cathedral, the Very Reverend Steven L. Thomason, who is visiting us today, and our priests, Fathers Berto and Hugh, whose ongoing guidance and example bring hope on the darkest days. And we pray for the new 106th Archbishop of Canterbury, Sarah Mullally, our Presiding Bishop, Sean, and our Bishop, Phil, and for spiritual leaders everywhere. May their good works and leadership inspire positive change throughout the world.

Let us fulfill your teaching by recognizing the web of light that connects us all. Help us to remember that we are one humanity, seeking to be united in love and respect for one another.

We pray for all those serving the cause of Justice in Minneapolis and elsewhere. We pray for government agents and government leaders in hopes that they will comprehend and respect laws created for the betterment of humanity and the environment.

Let us fulfill your teaching by recognizing the web of light that connects us all. Help us to remember that we are one humanity, seeking to be united in love and respect for one another.

For all those suffering from extremes of climate, for the troubled, confused, those needing shelter and food, those lost within or separated from their sense of self, the lonely, afraid, and everyone needing assistance and acknowledgement, we offer our ongoing prayer. Especially now, we pray for those on our Parish Prayer List: ... **Tamara... Bill & Jane... Heather... Jan... Cheryl... Ian... James... Dick... Renee... John ... Nick ... Sara... David... The Rev. Pam... Dart and Laura...Skipper... Cynthia & Bruce...Wes & Carol... Bruce... Helen...Diane... Chris...Lynn...Margaret...Jack...Sam...Nick...Maria...We** take time here to support one another in offering special petitions for our private concerns [*Pause*] and any others for whom no one prays. [*Pause*] Let us, in the days to come, pray faithfully for one another, knowing that by following the path you have set forth our community as a whole is uplifted.

Let us fulfill your teaching by recognizing the web of light that connects us all. Help us to remember that we are one humanity, seeking to be united in love and respect for one another.

We pray for the bereaved. Bring comfort and hope and peace to all who grieve—may the lingering radiance of Candlemas bring healing and enlightenment to all loved ones who have gone on before and we who are left behind.

Let us fulfill your teaching by recognizing the web of light that connects us all. Help us to remember that we are one humanity, seeking to be united in love and respect for one another. Amen.

*Those who are celebrating birthdays and anniversaries are invited to come forward.
If you would like your name printed in the bulletin please let the parish office know.*

Presider: Let us pray for those celebrating birthdays this week.

O God, our times are in your hand: Look with favor, we pray, on your servant Karen Blinn (2/12) as she begins another year. Grant that she may grow in wisdom and grace, and strengthen her trust in your goodness all the days of her life; through Jesus Christ our Lord. Amen.

Presider: Let us pray for those celebrating anniversaries this week.

Grant, O God, in your compassion, that Jim and Betsy Nelson (2/9), Thom and Elyse Woodruff (2/10), and Mary and John Poletti (2/10) may grow in forgiveness, loyalty, and love; and come at last to the eternal joys which you have promised through Jesus Christ our Lord. Amen.

Announcements and Welcome of Visitors

*Please be seated. If you are visiting us this morning, we warmly welcome you!
If you would like to introduce yourself you can do so at this moment. We
invite you to join us in our coffee hour after the service in our fellowship hall.
Sign-up for our weekly e-News by scanning the QR code.*



The Peace

Please stand as you are able.

Presider: The peace of Christ be always with you.

People: **And also with you.**

We share a sign of peace with those around you.

We Prepare the Table

Offertory Sentence: Walk in love as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

The gifts of bread and wine, together with our offerings for the support of our parish that is placed on the offering plate. We thank you for your generous financial support. Checks may be made out to Emmanuel Parish. If you are not a pledging member we invite you to consider making a yearly pledge to Emmanuel, Ask for a pledge card. You can donate online at: <https://www.bit.ly/DonateEmmanuel>



Offertory: “Voluntary in C.”

Handel

Please stand, as you are able when the offering plate is brought forward.

Doxology:

Old 100th

**Praise God from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
Creator, Christ, and Holy Ghost.**

Eucharistic Prayer B

Presider: May God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The people remain standing. The Presider says

It is right, and a good and joyful thing, always and everywhere to give thanks to you, the Maker of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Savior.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus #129: “Holy, holy”

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and

might, hea - ven and earth are full of your glo - ry. Ho -

san - na in the high - est. Bless - ed is he who

comes in the name of the Lord. Ho - san - na in the high - est._____

The musical score is written on four staves in G major (one sharp) and 4/4 time. It features a melody with lyrics underneath. The first staff ends with a double bar line. The second and third staves have triplets marked with a '3' and a bracket. The fourth staff also has triplets marked with a '3' and a bracket, and ends with a double bar line.

The people stand or kneel. Then the Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. Through Mary's Holy Child, you have delivered us from evil and made us worthy to stand before you. You have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, Jesus took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O God,
We remember his death,
We proclaim his resurrection,
We await his coming in glory.

And we offer our sacrifice of praise and thanksgiving to you,
Dear One; presenting to you, from your creation, this bread and
this wine.

We pray you, gracious God, to send your Holy Spirit upon these
gifts that they may be the Sacrament of the Body of Christ and
his Blood of the new Covenant. Unite us to your Son in his
sacrifice, that we may be acceptable through him, being sanctified
by the Holy Spirit. In the fullness of time, gather all things into
the circle of Christ's love, and bring us to that heavenly country
where with the Blessed Virgin Mary, St. John the Baptist, St.
Joseph, and all your saints, we may enter the everlasting heritage
of all your children; through Jesus Christ, the firstborn of all
creation, the head of the Church, and the author of our salvation.

By whom, and with whom, and in whom, in the unity of the Holy
Spirit all honor and glory is yours, Most Blessed One, now and
forever. **AMEN.**

As our Savior Christ has taught us, we now pray,
Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Breaking of the Bread and Invitation to the Table

The Presider breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem: “Whoever eats this bread”

Who ev - er eats this bread will live for ev - er. Who ev - er eats this bread will live for ev - er. This is the true bread which comes down from heav - en and gives life to the world. Who ev - er eats this bread will live for ev - er. Who ev - er eats this bread will live for ev - er.

The Presider then says the following Invitation:

The Gifts of God for the People of God.

Invitation to Communion: *All are welcome to receive Christ's sacramental presence in Holy Communion. Our catechism (BCP p. 860) says that what is required is that we examine our lives and commit to the transformation of our hearts and lives, striving to live in love with God, all people, and creation. If, for personal reasons, you feel you cannot receive Communion at this time, you are nonetheless welcome to come to receive a blessing; indicate this by crossing your arms over your chest. If you would like to request the sacrament of reconciliation or confession speak with one of our priests.*

Receiving the Bread, the Body of Christ: *You are invited to kneel or stand at the Communion rail, filling it from right to left. The tradition is to receive the Body of Christ forming "a throne" with your hands, your two palms open one on top of the other in a receptive position. To the minister's words, "the Body of Christ, the bread of heaven," it is customary to respond: Amen.*

Receiving the Wine, the Blood of Christ: *If you wish to dip the Bread in the Wine, leave it in your hand and the minister will come by to offer you the chalice. If you want to drink directly from the Chalice consume the Bread before the minister arrives and they will offer you the cup to drink directly from it; please guide and tip the chalice so you can drink comfortably. If you would not rather partake of the Blood of Christ just cross your hands over your chest. To the minister's words, "the Blood of Christ, the cup of salvation," it is customary to respond to both by saying: Amen.*


Receiving Communion in your Pew: *if you would like the ministers to bring Communion to your seat please let the usher know and we will be glad to come to you.*

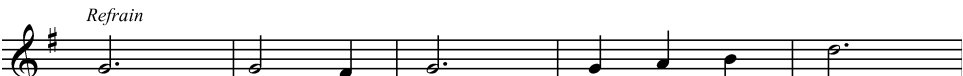
Healing Ministry: *there will be a healing minister available for prayer for yourself or a loved one. Feel free to approach them and share your intention.*

Communion Hymn #59: "Longing for light"


1 Long-ing for light, we wait in dark-ness. Long-ing for
2 Long-ing for peace, our world is trou-bled. Long-ing for
3 Long-ing for food, man - y are hun - gry. Long-ing for
4 Long-ing for shel - ter, man - y are home-less, long-ing for
5 Man - y the gifts, — man - y the peo - ple, man - y the


truth, we turn to you. Make us your own,
hope, man - y de - spair. Your word a - lone has
wa - ter, man - y still thirst. Make us your bread,
warmth, — man - y are cold. Make us your build - ing,
hearts that yearn to be - long. Let us be ser - vants


your ho - ly peo - ple, light for the world to see. _____
pow - er to save us. Make us your liv - ing voice. _____
bro - ken for o - thers, shared un - til all are fed. _____
shel - ter - ing o - thers, wall made of liv - ing stone. _____
to one an - oth - er, mak - ing your king - dom come. _____

Refrain

Christ, be our light! Shine in our hearts.


Shine through the dark - ness. Christ, be our light!


Shine in your church gath - ered to - day. _____

Organ: “Be thou my vision”

Wood

Prayer after Communion

Please stand as you are able

Presider: Let us pray:

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ’s Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

Blessing

Presider: May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and may God’s Blessing be with you, Christ’s peace be with you, the Spirit’s outpouring be with you, now and always. **Amen.**

Recessional Hymn #488: “Be thou my vision”

1 Be thou my vi - sion, O Lord of my heart;
2 Be thou my wis - dom, and thou my true word;
3 High King of hea - ven, when vic - tory is won,

all else be nought to me, save that thou art—
I ev - er with thee and thou with me, Lord;
may I reach hea - ven's joys, bright hea - ven's Sun!

thou my best thought, — by day or by night,
thou my great Fa - ther; thine own may I be;
Heart of my heart, — what - ev - er be - fall,

wak - ing or sleep - ing, thy pres - ence my light.
thou in me dwell - ing, and I one with thee.
still be my vis - ion, O Ru - ler of all.

Dismissal

Presider: Let us bless the Lord!
People: Thanks be to God.

Postlude: “Fugue in C major” Buxtehude

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Coffee hour today is hosted today by Deborah Hansen

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Please pray for those on our Parish Prayer List: Tamara West, Bill & Jane Newchurch, Heather Smith, Jan Koltun, Cheryl Danskin, Ian McDonald, James Hardman, Dick Thompson, Renee Hill, John Ehrmantraut, Nick Redfield, Sara Gerakaris, David Liebenberg, The Rev. Pam Tinsley, Laura and Sherwood (Dart) Botsford, and Skipper (James Lawrence) Botsford, Cynthia & Bruce Hubert, Wes & Carol Burger, The Rev. Bruce Freeman, Helen Menefee, Diane Gillespie, Chris, Lynn Jenssen, Margaret Black, Jack Miller, and Sam Staatz, Nick DiZinno, and Maria Bullock.

Lent will start on Ash Wednesday, February 18. We will celebrate the Holy Eucharist at 5:30 p.m. in church, with the imposition of ashes on our foreheads, the symbolic outward expression of our commitment to the work of transformation. We are invited to consider what spiritual practice(s) we might undertake to cooperate with God's work in us for our spiritual growth.

The evening before, February 17 at 5 pm, we will have the traditional Shrove Tuesday pancake supper. Please sign up to help host this fun night before we begin Lent.

Lent Prayer and Soup Ecumenical Gatherings:

March 4: Roman Catholic St. Francis Church

March 11: Orcas' Adventist Fellowship

March 18: Emmanuel Episcopal Church

March 25: Orcas Island Community Church

From your Stewardship Team: Many thanks to everyone who pledged during our recent campaign. Continuing pledges, new pledges, and increased pledges mean that we anticipate a having balanced and increased budget for 2026. Thank you for your generosity and for your commitment to Emmanuel. If you have not yet returned your pledge card, please return it as soon as possible, or email the co-treasurers, Bill or Margie Bangs, with your pledge information.

Calendar for This Week:

Sun	Feb 8	8 & 10 am	Eucharist Services	Church
Guest Preacher: the Dean of the Cathedral, the Very Rev. Steven Thomason				
Sun	Feb 8	9 am	Choir Rehearsal	Parish Hall
Sun	Feb 8	11:30 am	Peace Vigil	Main St.
Wed	Feb 11	12-2 pm	Peace Meditation-Letter Writing	Church/BH
Wed	Feb 11	5:00 pm	Inquirer Group	Benson Hall
Wed	Feb 11	5:30 pm	Sophia Circle	Church
Thu	Feb 12	12:15-2 pm	Movie: Life of Hildegard of Bingen	Parish Hall
Thu	Feb 12	7:00 pm	Movie: Orwell 2+2=5	Parish Hall
Fri	Feb 13	12:15 pm	Centering Prayer	Church
Fri	Feb 13	1 pm	Devotional Chanting	Retreat Room

Calendar for Next Week:

Sun	Feb 15	8 & 10 am	Eucharist Services	Church
Sun	Feb 15	9 am	Choir Rehearsal	Parish Hall
Sun	Feb 15	11:30 am	Peace Vigil	Main St.
Tue	Feb 17	6 pm	Shrove Tuesday Pancake Supper	Parish Hall
Wed	Feb 17	12-2 pm	Peace Meditation-Letter Writing	Church/BH
Wed	Feb 18	5:30 pm	Ash Wednesday	Benson Hall
Thu	Feb 19	12:15 pm	Lectio Divina	Benson Hall
Thu	Feb 19	1:00 pm	Book Club	Benson Hall
Thu	Feb 19	5:30 pm	Spiritual Development Group	Parish Hall
Fri	Feb 20	12:15 pm	Centering Prayer	Church
Fri	Feb 20	1 pm	Devotional Chanting	Retreat Room
Sat	Feb 21	2 pm	Funeral Eucharist for Peter Schultz	Benson Hall

12-Step Meetings in Benson Hall

- Sundays at 5:30 pm AA open meeting, (*hybrid*)
- Mondays at 5:30 pm AA open meeting, (*hybrid*)
- Tuesdays at 1 pm AlAnon meeting, (*hybrid*)
- Tuesdays at 5:30 pm AA Women's meeting, (*hybrid*)
- Tuesdays at 7 pm AA Men's meeting, (*hybrid*)
- Thursdays at 5:30 pm AlAnon meeting, (*hybrid*)
- Fridays at 5:30 pm AA open meeting, (*hybrid*)
- Fridays at 7 pm AA open meeting (*in person only*)
- Saturdays at 8 am AA open meeting, (*hybrid*)

~ Text Attributions ~

- This Holy Eucharist taken from *The Book of Common Prayer, Enriching Our Worship I* and the *Rite II expansive language* approved by the 2018 General Convention. Eucharistic Prayer adapted for use in the Diocese of Olympia by Bishop Melissa Skelton.

- Introduction to the readings by Chris Haslam found in the website of Christ Church Anglican Cathedral in Montreal: <http://montreal.anglican.org/comments/index.shtml>
- Scripture readings from *The New Revised Standard Version updated edition*. Used with permission.
- Writers of the Prayers of the People: Antoinette Botsford, Jennifer Johnson-Fralick, Stewart Mehlman & Nancy Reas.
- Prayer for Birthdays and Wedding Anniversary from *The Book of Common Prayer* and the *The Book of Occasional Services 2018*.
- Confession of Sin from Anglican Church of Canada: *A Liturgy for The National Indigenous Day of Prayer*.

Opening Hymn: “*Community of Christ*”. Text: Shirley Erena Murray (1931-). Music: Synagogue melody; arr. Meyer Lyon.

Psalm tone 112: Words: para. of Psalm 112.

Sequence Hymn: “*Bring Forth the Kingdom*”. Text: Marty Haugen (b. 1950). Tune: Marty Haugen (b. 1950).

Hymn #59: “*Longing for light*”. Words and Music: Bernadette Farrell (b. 1957).

Sanctus: “*Holy, holy, holy Lord*”. Setting: Robert Powell (b. 1932)

Fraction anthem: “*Whoever eats this bread*”. *M. Lewis (1958-)*.

Closing Hymn #488: “*Be thou my vision*”. Text: Saint Dallan Forgaill (560- 640). Translation: Mary Elizabeth Byrne (1905), English versification: Eleanor Hull (1912). Tune: *Slane (traditional Irish ballad)*.

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~ Clergy ~

The Rt. Rev. Sean Rowe (*Presiding Bishop*)
 The Rt. Rev. Dr. Philip N. LaBelle, (*Bishop, Diocese of Olympia*)
 The Rev. José Roberto (Cassian) Gándara-Perea, CMR, STL (*Rector*)
 The Rev. Hugh M. Grant (*Assistant Priest*)

~ Vestry Members ~

Class of 2026 ~ Nancy Ayer, Piper Fox Ladd, Mary Greenwell
Class of 2027 ~ Lynn Baker, Laura Doss, Betsy Nelson (*Senior Warden*)
Class of 2028 ~ Heidi Sophia Hudlet, Luann Pamatian (*Junior Warden*),
 Jeffry Steele

~ **Co-Treasurers** ~

Bill & Margie Bangs

~ **Stewardship Committee** ~

Bill & Margie Bangs, Berto Gandara, Hugh Grant, Stewart Mehlman,
Sarah Moore, Cindy Wolf, Karen Blinn, Jenny Hovelman

~ **Diocesan Convention Delegates** ~

Delegates ~ Vicki Clancy & Betsy Nelson

Alternates ~ Luann Pamatian & Anthony Terndrup

~ **Staff** ~

Organist and Choir Director ~ Marianne Lewis

Parish Administrator ~ Kira Raven

Custodian ~ Tim Webster

Bookkeeper ~ Danelle Bregant

~ **Office Hours** ~

Office hours: Tuesday thru Friday 9 am - 1 pm

Please call ahead to make certain the office is open.

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Latimore, Kelly. Mother of God: Protectress of the Oppressed, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57112> [retrieved February 6, 2026]. Original source: Kelly Latimore Icons, <https://kellylatimoreicons.com/>.