

Holy Eucharist Rite II
Fifth Sunday in Lent
March 22, 2026, at 10 am



Emmanuel Episcopal Parish
of Orcas Island

Welcome to Emmanuel!

We are happy you are here. Our mission at Emmanuel is to love God and God's creation, and our neighbors as ourselves. We are a reconciling, affirming, and inclusive Christian community striving through worship and prayer, study and formation, compassion and service, fellowship and community, to welcome all people just as God created them. We welcome you wherever you are on your journey of faith, and whether you are single, married, divorced, separated, or partnered. We welcome you regardless of your age, race, ethnicity, culture, gender, sexual orientation, gender expression, economic condition, physical condition, and mental ability. We believe that God delights in the diversity of creation, and so do we. We welcome you to our inclusive family; come share the journey.

Prayer acknowledging the Original People and Land of Orcas Island

O Great Spirit, God of all people and every tribe, through whom all people are related. Call us into the kinship of all your people. We give thanks for the Coast Salish peoples, especially the Lummi and Samish, and for their continued faithful care of these lands and waters. Grant us vision to see, through the lens of our Baptismal Covenant, the brokenness of the past, especially the Doctrine of Discovery that blessed conquest, sanctioned dispossession, and treated Indigenous peoples as less than fully human. Help us to listen to you and to one-another in order to heal the wounds of the present. Give us courage, patience, and wisdom to work together for healing and hope with all your people, now and in the generations to come. Mend the hoop of our hearts, and teach us to live in justice and peace; through Jesus Christ, who comes to all peoples, that all may live in dignity. Amen.

Adapted from the Indigenous Episcopal Ministry 2012 Lent resource: "Seeking God's Justice for All" p. 41.

~ Ministers for today's Service ~

Preacher & Presider ~ Fr. Berto Gándara
Choirmaster and Organist ~ Marianne Lewis
Eucharistic Minister ~ Stewart Mehlman
Healing Ministry ~ Nancy Ayer
Lector 1 ~ Barb Mehlman
Lector 2 ~ Lori Oakes
Usher ~ Piper Fox Ladd
Altar Guild ~ Chris Kennady, Karen Blinn, and Betsy Nelson

*We ask you to please turn off your cellphones
and remain silent during the prelude.*

Prelude: "Three settings of Hail, thou once despised Jesus"

Burkhardt

At the sound of the processional bell, please stand as you are able, and join in singing.

Hymn #495: "Hail thou once despised Jesus"



1 Hail, thou once de - spis - ed Je - sus! Hail, thou Gal - i -
2 Pas - chal Lamb, by God ap - point - ed, all our sins on
3 Je - sus, hail! en - throned in glo - ry, there for ev - er
*4 Wor - ship, hon - or, power, and bless - ing thou art wor - thy



le - an King! Thou didst suf - fer to re - lease us;
thee were laid: by al - might - y love a - noint - ed,
to a - bide; all the heaven - ly hosts a - dore thee,
to re - ceive; high - est prais - es, with - out ceas - ing,



thou didst free sal - va - tion bring. Hail, thou u - ni - ver - sal
thou hast full a - tone - ment made. All thy peo - ple are for -
seat - ed at thy Fa - ther's side. There for sin - ners thou art
right it is for us to give. Help, ye bright an - gel - ic



Sa - vior, bear - er of our sin and shame! By thy mer - it
giv - en through the vir - tue of thy blood: o - pened is the
plead - ing: there thou dost our place pre - pare; ev - er for us
spi - rits, all your no - blest an - thems raise; help to sing our



we find fa - vor: life is giv - en through thy Name
gate of hea - ven, re - con - ciled are we with God.
in - ter - ced - ing, till in glo - ry we ap - pear.
Sa - vior's mer - its, help to chant Em - man - uel's praise!

Penitential Order

Presider: Blessed be the God of our salvation.

People: **Who bears our burdens and forgives our sins.**

The Presider reads the following sentence, all kneeling, as able.

Jesus said, “The first commandment is, ‘Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.’ The second is this, ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”

Mark 12:29-31 NRSVue

The Presider then says

Let us confess our sins to God.

Silence is kept.

Minister and People:

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,**

and the evil done on our behalf.

Forgive, restore, and strengthen us

through our Savior Jesus Christ,

that we may abide in your love

and serve only your will. Amen.

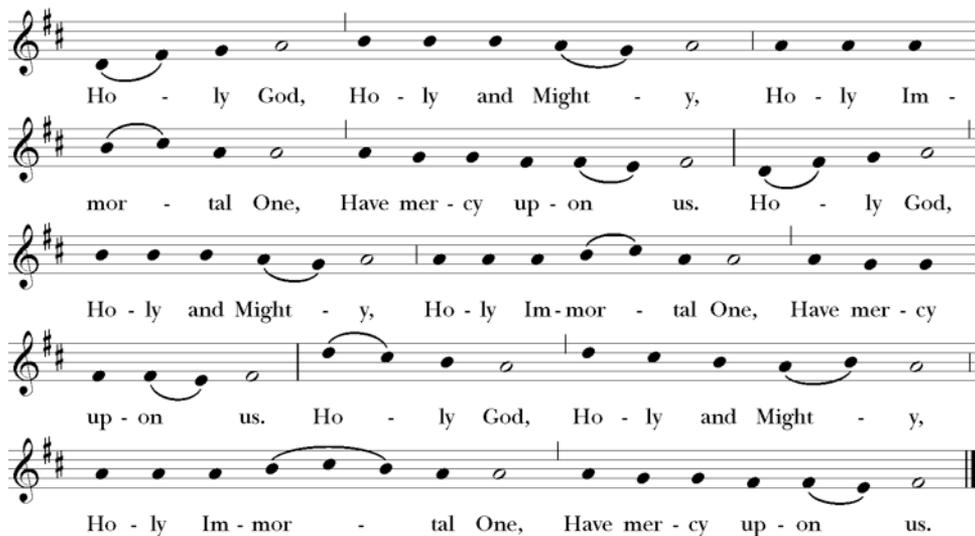
The Priest alone stands and says

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Amen.

Please stand as you are able to sing

Trisagion: S100



Ho - ly God, Ho - ly and Might - y, Ho - ly Im -
mor - tal One, Have mer - cy up - on us. Ho - ly God,
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy
up - on us. Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

The Collect of the Day

Presider: God be with you.

People: **And also with you.**

Presider: Let us pray.

Silence is kept.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

EKids leave for Sunday School

**This little light of mine, I'm goin'-a let it shine
Let it shine, let it shine, let it shine.**

First Reading

We may be seated.

1st Lector: A reading from the book of Ezekiel [37:1-14 NRSV]

The hand of the Lord came upon me, and he brought me out by the spirit of the Lord and set me down in the middle of a valley; it was full of bones. He led me all around them; there were very many lying in the valley, and they were very dry. He said to me, “Mortal, can these bones live?” I answered, “O Lord God, you know.” Then he said to me, “Prophecy to these bones, and say to them: O dry bones, hear the word of the Lord. Thus says the Lord God to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the Lord.”

So I prophesied as I had been commanded; and as I prophesied, suddenly there was a noise, a rattling, and the bones came together, bone to its bone. I looked, and there were sinews on them, and flesh had come upon them, and skin had covered them; but there was no breath in them. Then he said to me, “Prophecy to the breath, prophecy, mortal, and say to the breath: Thus says the Lord God: Come from the four winds, O breath, and breathe upon these slain, that they may live.” I prophesied as he commanded me, and the breath came into them, and they lived, and stood on their feet, a vast multitude.

Then he said to me, “Mortal, these bones are the whole house of Israel. They say, ‘Our bones are dried up, and our hope is lost; we are cut off completely.’ Therefore prophecy, and say to them, Thus says the Lord God: I am going to open your graves, and bring you up from your graves, O my people; and I will bring you back to the land of Israel. And you shall know that I am the Lord, when I open your graves, and bring you up from your graves, O my people. I will put my spirit within you, and you shall live,

and I will place you on your own soil; then you shall know that I, the Lord, have spoken and will act, says the Lord.”

After a period of silence:

Hear what the Spirit is saying to God’s people.

Thanks be to God.

Psalm Tone S 415:



Out of the depths have I called to you, O Lord;
Lord, hear my **VOICE**; *

let your ears consider well the voice of my supplication.
If you, Lord, were to note what is done a**MISS**, *
O Lord, who could **STAND**?

For there is forgiveness with **YOU**; *
therefore you shall be **FEARED**.

I wait for the Lord; my soul waits for **HIM**; *
in his word is my **HOPE**.

My soul waits for the Lord, more than watchmen for the
MORNING, *

more than watchmen for the **MORNING**.
O Israel, wait for the **LORD**, *
for with the Lord there is **MERCY**;

with him there is plenteous re**DEMPTION**, *
and he shall redeem Israel from all their **SINS**.

Second Reading

We may be seated.

2nd Lector: **A reading from Paul's letter to the Romans**

[8:6-11 NRSV]

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

After a period of silence:

Hear what the Spirit is saying to God's people.

Thanks be to God.

Then all standing, as able, we sing.

Sequence Hymn #335: "I am the bread of life" v.1-3



1	I	am	the	bread	of	life;—	they	who
2 (The)	Bread	that—	I	will	give—	is	my	
3 (Un-)	less—			you	eat—	of	the	
4	I	am	the	re - sur -	rec - tion,			
5 (Yes,)	Lord,		we	be -	lieve—	that—		



1	come	to	me	shall	not—	hun - ger;	they	who	be -	
2	Flesh	for	the	life	of	the	world,	and	they	who
3	Flesh	of	the	Son	of—	Man—		and—		
4	I—		am	the—	life.—	They	who	be -		
5	you—		are	the—	Christ,		the—			



1 lieve in me shall not thirst. No one can come to
 2 eat _____ of this bread, they shall live for
 3 drink _____ of his Blood, you shall not have life with -
 4 lieve _____ in me, e - ven _____ if they
 5 Son _____ of God who _____ has



1 me _____ un - less the _____ Fa - ther draw them.
 2 ev - er. _____ they shall live for ev - er.
 3 in you. you shall not have life with - in you.
 4 die, _____ they shall live for ev - er.
 5 come _____ in - to _____ the _____ world. _____

Refrain

And I will raise them up, and I will raise them

up, and I will raise them up on the

last day. _____

2 The
 3 Un- day.
 4 -
 5 Yes,
 (?)

The Gospel Reading

Presider: The Holy Gospel of our Savior Jesus Christ according to John [11:1-45 NRSV]

People: **Glory to you, Lord Christ**

Now a certain man was ill, Lazarus of Bethany, the village of Mary and her sister Martha. Mary was the one who anointed the Lord with perfume and wiped his feet with her hair; her brother Lazarus was ill. So the sisters sent a message to Jesus, "Lord, he whom you love is ill." But when Jesus heard it, he said, "This illness does not lead to death; rather it is for God's glory, so that the Son of God may be glorified through it." Accordingly, though Jesus loved Martha and her sister and Lazarus, after having heard that Lazarus was ill, he stayed two days longer in the place where he was.

Then after this he said to the disciples, "Let us go to Judea again." The disciples said to him, "Rabbi, the Jews were just now trying to stone you, and are you going there again?" Jesus answered, "Are there not twelve hours of daylight? Those who walk during the day do not stumble, because they see the light of this world. But those who walk at night stumble, because the light is not in them." After saying this, he told them, "Our friend Lazarus has fallen asleep, but I am going there to awaken him." The disciples said to him, "Lord, if he has fallen asleep, he will be all right." Jesus, however, had been speaking about his death, but they thought that he was referring merely to sleep. Then Jesus told them plainly, "Lazarus is dead. For your sake I am glad I was not there, so that you may believe. But let us go to him." Thomas, who was called the Twin, said to his fellow disciples, "Let us also go, that we may die with him."

When Jesus arrived, he found that Lazarus had already been in the tomb four days. Now Bethany was near Jerusalem, some two miles away, and many of the Jews had come to Martha and Mary to console them about their brother. When Martha

heard that Jesus was coming, she went and met him, while Mary stayed at home. Martha said to Jesus, “Lord, if you had been here, my brother would not have died. But even now I know that God will give you whatever you ask of him.” Jesus said to her, “Your brother will rise again.” Martha said to him, “I know that he will rise again in the resurrection on the last day.” Jesus said to her, “I am the resurrection and the life. Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die. Do you believe this?” She said to him, “Yes, Lord, I believe that you are the Messiah, the Son of God, the one coming into the world.”

When she had said this, she went back and called her sister Mary, and told her privately, “The Teacher is here and is calling for you.” And when she heard it, she got up quickly and went to him. Now Jesus had not yet come to the village, but was still at the place where Martha had met him. The Jews who were with her in the house, consoling her, saw Mary get up quickly and go out. They followed her because they thought that she was going to the tomb to weep there. When Mary came where Jesus was and saw him, she knelt at his feet and said to him, “Lord, if you had been here, my brother would not have died.” When Jesus saw her weeping, and the Jews who came with her also weeping, he was greatly disturbed in spirit and deeply moved. He said, “Where have you laid him?” They said to him, “Lord, come and see.” Jesus began to weep. So the Jews said, “See how he loved him!” But some of them said, “Could not he who opened the eyes of the blind man have kept this man from dying?”

Then Jesus, again greatly disturbed, came to the tomb. It was a cave, and a stone was lying against it. Jesus said, “Take away the stone.” Martha, the sister of the dead man, said to him, “Lord, already there is a stench because he has been dead four days.” Jesus said to her, “Did I not tell you that if you believed, you would see the glory of God?” So they took away the stone. And Jesus looked upward and said, “Father, I thank you for having

heard me. I knew that you always hear me, but I have said this for the sake of the crowd standing here, so that they may believe that you sent me.” When he had said this, he cried with a loud voice, “Lazarus, come out!” The dead man came out, his hands and feet bound with strips of cloth, and his face wrapped in a cloth. Jesus said to them, “Unbind him, and let him go.”

Many of the Jews therefore, who had come with Mary and had seen what Jesus did, believed in him.

After a period of silence:

Presider: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sequence Hymn: “I am the bread of life” v. 4-5

The Sermon

Please be seated.

The Nicene Creed

Please stand as you are able.

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God,
Light from Light, true God from true God,
begotten, not made, of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again

in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

We Pray for the World and the Church

Please stand as you are able as the 2nd Lector leads us in prayer.

Intercessor : Oh Divine Love, may we find your grace among the swift and varied changes of the world.

May we fix our hearts where Love's true joys are to be found.

Oh Divine Love, in this world that seems to be a valley of dry bones, we pray that the breath of Love will bring life to us all and that your spirit will fill and heal us.

May we fix our hearts where Love's true joys are to be found.

Oh Divine Love, we pray for the Church everywhere, for our leaders, that they might speak truth in love, for the new Archbishop of Canterbury Sarah Mullally, who will be installed on March 25. We are so thankful for our own priests, Berto and Hugh, who share their lives with us and love us. We remember Archbishop Oscar Romero, who spoke Love's truth to power and paid with his life.

May we fix our hearts where Love's true joys are to be found.

Oh Divine Love, our nation needs your direction and healing. We pray that our leaders will let Love lead them instead of hate.
May we fix our hearts where Love's true joys are to be found.

Oh Divine Love, this natural world is amazing and magnificent. May we take care of it as it deserves.
May we fix our hearts where Love's true joys are to be found.

Oh Divine Love, the injustices of the world are many, and we want to right the wrongs that are being done. May we be part of the solution rather than bystanders. Many people known to us and unknown to us suffer from poverty, homelessness, loneliness, illness, depression, and addictions. Love and compassion are meant for them. We mention their names silently or aloud...and we also lift up the names of those on our parish prayer list...**Bill & Jane...Heather...Jan... Cheryl...Ian...James...Dick... Renee... John...Nick...Sara...David... The Rev. Pam...Dart and Laura...Skipper...Cynthia & Bruce...Wes & Carol... Bruce...Helen...Diane...Chris...Lynn...Margaret...Sam... Nick...Maria...Ali...Debbie...Carol...Julia...Catherine...**
May we fix our hearts where Love's true joys are to be found.

We also think with love of those who are dying or have died, as well as their caregivers. May Love surround them and bring them peace. May those in grief feel the comfort of Divine Love each day.

May Love grow in our hearts and manifest itself in our actions towards others.

Those who are celebrating birthdays and anniversaries are invited to come forward. If you would like your name printed in the bulletin, please let the parish office know.

Presider Let us pray for those celebrating birthdays this week.

O God, our times are in your hand: Look with favor, we pray, on your servants Ursula Pamatian (3/22) and Lisa Heisinger (3/28) as they begin another year. Grant that they may grow in

wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. Amen.

Presider Let us pray for those celebrating anniversaries this week. **Grant, O God, in your compassion, that (*insert names*) may grow in forgiveness, loyalty, and love; and come at last to the eternal joys which you have promised through Jesus Christ our Lord. Amen.**

Announcements and Welcome of Visitors

Please be seated. If you are visiting us this morning, we warmly welcome you! If you would like to introduce yourself you can do so at this moment. We invite you to join us in our coffee hour after the service in our fellowship hall. Sign-up for our weekly e-News by scanning the QR code.



The Peace

Please stand as you are able.

Presider: The peace of Christ be always with you.

People: **And also with you.**

We share a sign of peace with those around you.

We Prepare the Table

Offertory Sentence: Walk in love as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

The gifts of bread and wine, together with our offerings for the support of our parish that is placed on the offering plate. We thank you for your generous financial support. Checks may be made out to Emmanuel Parish. If you are not a pledging member we invite you to consider making a yearly pledge to Emmanuel, Ask for a pledge card. You can donate online at: <https://www.bit.ly/DonateEmmanuel>



Offertory: “O love of God, how strong and true”

Proulx

Please stand, as you are able when the offering plate is brought forward as we sing

The Doxology

Old 100th

Praise God from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
Creator, Christ, and Holy Ghost.

Eucharistic Prayer 1

Presider: May God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

The people remain standing. The Presider says

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Sanctus: S 124

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and
earth are full of your glo - ry. Ho - san - na in the high - est.
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

The people remain standing or kneel. Then the Presider continues

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory.

Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life. On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said:

“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:

“Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Presider and People

Christ has died.

Christ is risen.

Christ will come again.

The Presider continues

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

Give us this day our daily bread.

**And forgive us our trespasses,
as we forgive those
who trespass against us.**

**And lead us not into temptation,
but deliver us from evil.**

**For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread and Invitation to the Table

The Presider breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem: S161

Lamb of God, you take a - way the sins of the world:
have mer - cy on us. Lamb of God, you take a - way the
sins of the world: have mer - cy on us. Lamb of God,
you take a - way the sins of the world: grant us peace.

The Presider then says the following Invitation:

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Invitation to Communion: *All are welcome to receive Christ's sacramental presence in Holy Communion. Our catechism (BCP p. 860) says that what is required is that we examine our lives and commit to the transformation of our hearts and lives, striving to live in love with God, all people, and creation. If, for personal reasons, you feel you cannot receive Communion at this time, you are nonetheless welcome to come to receive a blessing; indicate this by crossing your arms over your chest. If you would like to request the sacrament of reconciliation or confession speak with one of our priests.*

Receiving the Bread, the Body of Christ: *You are invited to kneel or stand at the Communion rail, filling it from right to left. The tradition is to receive the Body of Christ forming "a throne" with your hands, your two palms open one on top of the other in a receptive position. To the minister's words, "the Body of Christ, the bread of heaven," it is customary to respond: Amen.*

Receiving the Wine, the Blood of Christ: *If you wish to dip the Bread in the Wine, leave it in your hand and the minister will come by to offer you the chalice. If you want to drink directly from the Chalice consume the Bread before the minister arrives and they will offer you the cup to drink directly from it; please guide and tip the chalice so you can drink comfortably. If you would not rather partake of the Blood of Christ just cross your hands over your chest. To the minister's words, "the Blood of Christ, the cup of salvation," it is customary to respond to both by saying: Amen.*

Receiving Communion in your Pew: *if you would like the ministers to bring Communion to your seat please let the usher know and we will be glad to come to you.*

Healing Ministry: *there will be a healing minister available for prayer for yourself or a loved one. Feel free to approach them and share your intention.*

Communion Hymn #314: "Humbly I adore thee"



1 Hum - bly I a - dore thee, Ver - i - ty un - seen,
2 Taste and touch and vi - sion to dis - cern thee fail;
3 O me - mo - rial won - drous of the Lord's own death;
4 Je - sus, whom now hid - den, I by faith be - hold,



who thy glo - ry hid - est 'neath these sha - dows mean;
faith, that comes by hear - ing, pierc - es through the veil.
liv - ing Bread that giv - est all thy crea - tures breath,
what my soul doth long for, that thy word fore - told:



lo, to thee sur - ren - dered, my whole heart is bowed,
I be - lieve what - e'er the Son of God hath told;
grant my spi - rit ev - er by thy life may live,
face to face thy splen - dor, I at last shall see,



tranced as it be - holds thee, shrined with - in the cloud.
what the Truth hath spo - ken, that for truth I hold.
to my taste thy sweet - ness nev - er - fail - ing give.
in the glo - rious vi - sion, bless - ed Lord, of thee.

Organ: "Humbly I adore thee"

Cassler

Prayer after Communion

Please stand as you are able

Presider: Let us pray:

Almighty and everliving God,

**we thank you for feeding us with the spiritual food
of the most precious Body and Blood**

of your Son our Savior Jesus Christ;

and for assuring us in these holy mysteries

**that we are living members of the Body of Christ,
and heirs of your eternal kingdom.**

And now, send us out

to do the work you have given us to do,
 to love and serve you
 as faithful witnesses of Christ our Savior.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.

Solemn Prayer over the People

The Deacon says: Bow down before the Lord.

The people kneel and the Presider says

Look with compassion, O Lord, upon this your people; that,
 rightly observing this holy season, they may learn to know you
 more fully, and to serve you with a more perfect will; through
 Christ our Lord. **Amen.**

Recessional Hymn #455: "O love of God, how strong and true"



1. O Love of God, how strong and true, e - ter - nal
 2. O wide em - brac - ing, won - drous Love, we read thee
 3. We read thee best in him who came to bear for
 4. We read thy power to bless and save e'en in the



and yet ev - er new; un - com - pre - hend - ed and un -
 in the sky a - bove; we read thee in the earth be -
 us the cross of shame, sent by the Fa - ther from on
 dark - ness of the grave; still more in re - sur - rec - tion



bought, be - yond all know - ledge and all thought.
 low, in seas that swell and streams that flow.
 high, our life to live, our death to die.
 light we read the full - ness of thy might.

Dismissal

Presider: Go in peace to love and serve the Lord!

People: **Thanks be to God!**

(No alleluias in Lent)

.....

**Coffee hour today is hosted today by Sharman and Colin
Ensminger-Stapp**

.....

Please pray for those on our Parish Prayer List: Bill & Jane Newchurch, Heather Smith, Jan Koltun, Cheryl Danskin, Ian McDonald, James Hardman, Dick Thompson, Renee Hill, John Ehrmantraut, Nick Redfield, Sara Gerakaris, David Liebenberg, The Rev. Pam Tinsley, Laura and Sherwood (Dart) Botsford, and Skipper (James Lawrence) Botsford, Cynthia & Bruce Hubert, Wes & Carol Burger, The Rev. Bruce Freeman, Helen Menefee, Diane Gillespie, Chris, Lynn Jenssen, Margaret Black, Sam Staatz, Nick DiZinno, Maria Bullock, Ali Walker, Debbie Durand, Carol Wright, Julia de Peyster, and Catherine Peterson.

Lent Prayer and Soup Ecumenical Gatherings at 5:30 pm on Wednesdays:

- March 25: Orcas Island Community Church

Holy Week Service Schedule

March 29: Palm Sunday 8 am & 10 am

April 2: Maundy Thursday 5:30 pm

April 3: Good Friday 5:30 pm

April 4: Easter Vigil Part I Saturday at 8 pm

April 5: Easter Vigil Part II Sunday at 6 am

April 5: Easter Day Sunday at 10 am

Calendar for This Week:

Sun	Mar 22	8 & 10 am	Eucharist Services	Church
Sun	Mar 22	9 am	Choir Rehearsal	Parish Hall
Sun	Mar 22	11:30 am	Peace Vigil	Main St.
Wed	Mar 25	12-2 pm	Peace Meditation-Letter Writing	Church/BH
Wed	Mar 25	5 pm	Inquirer’s Group	Benson Hall
Wed	Mar 25	5:30 pm	Lenten Prayer and Soup	Community Church
Thu	Mar 26	12:15 pm	Lectio Divina	Benson Hall
Thu	Mar 26	1:00 pm	Book Club	Benson Hal
Thu	Mar 26	4-7 pm	Dinner Kitchen	Parish Hall
Thu	Mar 26	5:30 pm	Spiritual Development Group	Parish Hall
Fri	Mar 27	12:15 pm	Centering Prayer	Church
Fri	Mar 27	1 pm	Devotional Chanting	Retreat Room
Sat	Mar 28	10-12	Orcas Rapid Response Team	Parish Hall

Calendar for Next Week:

Sun	Mar 29	8 & 10 am	Eucharist Services Palm Sunday	Church
Sun	Mar 29	9 am	Choir Rehearsal	Parish Hall
Sun	Mar 29	11:30 am	Peace Vigil	Main St.
Wed	April 1	12-2 pm	Peace Meditation-Letter Writing	Church/BH

Wed	April 1	5 pm	Inquirer's Group	Benson Hall
Thu	April 2	12:15 pm	Lectio Divina	Benson Hall
Thu	April 2	1:00 pm	Book Club	Benson Hall
Thu	April 2	5:30 pm	Maundy Thursday	Church
Fri	April 3	12:15 pm	Centering Prayer	Church
Fri	April 3	1 pm	Devotional Chanting	Retreat Room
Fri	April 3	5:30 pm	Good Friday Services	Church
Sat	April 4	8 pm	Easter Vigil Part I	Church

12-Step Meetings in Benson Hall

- Sundays at 5:30 pm AA open meeting, (*hybrid*)
- Mondays at 5:30 pm AA open meeting, (*hybrid*)
- Tuesdays at 1 pm AlAnon meeting, (*hybrid*)
- Tuesdays at 5:30 pm AA Women's meeting, (*hybrid*)
- Tuesdays at 7 pm AA Men's meeting, (*hybrid*)
- Thursdays at 5:30 pm AlAnon meeting, (*hybrid*)
- Fridays at 5:30 pm AA open meeting, (*hybrid*)
- Fridays at 7 pm AA open meeting (*in person only*)
- Saturdays at 8 am AA open meeting, (*hybrid*)

~ Text and Music Attributions ~

- This Holy Eucharist is drawn from *The Book of Common Prayer, Enriching Our Worship I*, and the *Rite II expansive language* approved by the 2018 and 2024 General Conventions.
- Cover image: Mironov, Andreï (Andreï Nikolaevich), 1975-. Christ and the Pauper, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-image/act-image-link.pl?RC=57309> [retrieved March 12, 2026]. Original source: https://commons.wikimedia.org/wiki/File:Christ_and_the_pauper.jpg.
- Writers of the Prayers of the People: Antoinette Botsford, Jennifer Johnson-Fralick, Stewart Mehlman & Nancy Reas.
- Hymn #495: “Hail thou once despised Jesus”. Words: John Bakewell (1721-1819) and Martin Madan (1726-1790), alt. Music: *In Babilone*, melody from *Oude en Nieuwe Hollandse Boerenlities en Contradansen*, 1710.
- Trisagion S 100: “Holy God”. Setting: From *New Plainsong*; David Hurd (b. 1950).
- Psalm Tone S 415: Jerome Meachen (b. 1930).
- Sequence Hymn #335: “I am the bread of life”. Words: Suzanne Toolan (b. 1927); adapt. of John 6. Music: *I am the bread of life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928).
- Sanctus: S124. Setting: from *New Plainsong*; David Hurd (b.1950).
- Fraction anthem: S161. Setting: From *New Plainsong*; David Hurd (b. 1950).
- Communion Hymn #314: “Humbly I adore thee”. Words: Att. Thomas Aquinas (1225?-1274); sts. 1-3, tr. *Hymnal 1940*; st. 4, tr. *Hymnal 1982*. Music: *Adoro devote*, French church melody, Mode 5, *Processionale*, 1697.
- Closing Hymn #455: “O love of God, how strong and true”. Words: Horatius Bonar (1808-1889). Music: *Dunedin*, Vernon Griffiths (b. 1894).

- *Permission to print/podcast/stream the music in this service was obtained from OneLicense with license #A-720811.*

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<http://www.youtube.com/@EmmanuelOrcas>

~ Office Hours ~

Office hours: Tuesday through Friday, 9 am—1 pm

~ Clergy ~

The Rt. Rev. Sean Rowe (*Presiding Bishop and Primate*)
The Rt. Rev. Dr. Philip N. LaBelle, (*Bishop, Diocese of Olympia*)
The Rev. José Roberto Gándara-Perea, STL (*Rector*)
berto@orcsepiscopal.org Cell 360-386-5282
The Rev. Hugh M. Grant (*Assistant Priest*)
hughmgrant@gmail.com Cell 646-330-0920

~ Vestry Members ~

Class of 2027 ~ Lynn Baker (*Clerk*), Laura Doss, Betsy Nelson
Class of 2028 ~ Heidi Sophia Hudlet, Luann Pamatian, Jeffrey Steele
Class of 2029 ~ Sue Askevold, Margie Bangs (*Senior Warden*), Colin Ensminger-Stapp
(*Junior Warden*)

~ Treasurer ~

Stewart Mehlman

~ Stewardship Committee ~

Stewart Mehlman, Berto Gandara, Hugh Grant, Bill & Margie Bangs, Sarah Moore,
Cindy Wolf, Karen Blinn, & Jenny Hovelman.

~ Diocesan Convention Delegates ~

Delegates ~ Millie Novak and Tracey Smith
Alternates ~ Sally O'Brien and Luann Pamatian

~ Employees ~

Organist and Choir Director ~ Marianne Lewis
Parish Office Administrator ~ Kira Raven

~ Independent Contractors ~

Custodian ~ Tim Webster
Bookkeeper ~ Danelle Bregant